



SHALLOW LAKE SKATING CLUB

SKATER CODE OF CONDUCT

The Shallow Lake Skating Club is committed to providing members with the opportunity to develop and pursue their goals in a safe and encouraging environment where all individuals and groups are treated with respect and dignity. Shallow Lake Skating Club employs a zero-tolerance policy for inappropriate behaviour/abuse.

The following recommendations help identify what is expected of our coaches, skaters and parents as members of the Shallow Lake Skating Club when interacting with each other, as well as volunteers, facility staff and the arena facilities at all times, while either on or off the ice.

Skater's "Right of Way"

It is important that all skaters remember that they must always be aware of other skaters on the ice during a session. Skaters must be mindful and respectful of skaters that are in lessons or their music is playing and try whenever possible, to not impede the flow of other skaters. The following order determines the right of way during scheduled sessions:

- 1 - A skater whose music is being played and is skating to a program.
- 2 - A skater who is receiving a lesson. If the harness is in use, be aware and avoid that area.
- 3 - A skaters who is practicing on their own. As many skaters are moving on the ice at the same time, all skaters should be mindful to those jumping and spinning and be aware of their surroundings.

It is every skater's responsibility for watching where they are going, no exceptions. Please do not stand on the ice in groups and it very disruptive to the flow of the session.

Note: Experienced and older skaters should be mindful of less experienced or younger skaters and set an example as to when and how to yield to other skaters. Remember that all skaters were beginners once.

- Skaters are reminded to be aware of fellow skaters that may be moving in the opposite direction or performing jumps. When practicing programs, skaters must learn to move around other skaters to complete their program and remain respectful and polite.
- When a skater is practicing his/her program, he/she is reminded to be polite when addressing another skater or coach that may be in his/her way
- All skaters must get up quickly after falling, unless injured, to not endanger other skaters or themselves on the ice.
- Skaters will move to the boards if a break is required. Skaters must not stand in the middle of the ice.
- The corners/ends of the ice surface are considered to be the "jump" zones. There is to be no spinning in those areas, except skaters performing their programs.
- All spins are to be done between the two blue lines. Be mindful of skaters in spins as they can't see other skaters coming.

On-ice Equipment & Personal Belongings

1. No food, drinks, gum or candy are allowed on the ice surface. Materials required for skating such as water bottles, tissue boxes and notebooks may be left at the boards.

2. Cell phones are allowed on the ice for training purposes only. Skaters will be allowed to film their own jumps, spins and elements. Be mindful of the privacy of other skaters and do not film them without their consent
3. Valuables should be brought to the boards and not left in the dressing room.
4. Wearing of headsets/earphones on the ice is prohibited at all times.
5. Skaters must wait until the Zamboni doors have closed before going onto the ice. A Skate Canada certified coach must be at the boards before any skater may step onto the ice.

General Guidelines

1. Courtesy and good sportsmanship to coaches and fellow skaters is expected at all times.
2. Skaters are expected to wear appropriate skating attire while on the ice (skating dresses, skirts, leggings, warm-up jackets, etc.). Long hair should be tied back with an elastic or cloth headband.
3. Skaters should not interrupt a coach while a lesson is in progress.
4. Refrain from standing around and socializing on the ice.
5. Be respectful to arena staff and property at all times.
6. Skaters will not use technology or social media to disrespect or exploit others.
7. Skaters are not allowed to record another skater or any Coach without permission.
8. Inappropriate behaviour/bullying/language either on or off the ice will not be tolerated

Disciplinary Action

Shallow Lake Skating Club is a safe place for our skaters and their families. Should disciplinary action be required the skater (parent/guardian) will receive a verbal warning, followed by a written warning. At the discretion of the Board of Directors, a skater will then be asked to leave the Club (no refund of any kind will be granted)

Adopted: August 19, 2024

To be reviewed: August 2026